

Swedish Tea Cakes (Tekakor)

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-swedish-tea-cakes>

Ingredients:

- 2 tablespoons butter
- 1 cup milk
- 1 packet active dry yeast 1/4 oz
- 1/2 tablespoon honey
- 1/2 teaspoon salt
- 2 1/4 cups white whole wheat flour or half white, half whole wheat

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Fiber: 4 grams
6. Protein: 7 grams
7. SaturatedFat: 2 grams
8. Sodium: 190 milligrams
9. Sugar: 3 grams

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