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Southern Hushpuppies!

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-southern-hushpuppies

Ingredients:

- 1/2 cup self rising flour
- 1 1/2 cups corn meal self rising
- 1 cup buttermilk
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1 dash Old Bay Seasoning optional
- 1 tablespoon sweet onion grated
- 1 egg

Nutrition:

- 1. Calories: 290 calories
- 2. Carbohydrate: 50 grams
- 3. Cholesterol: 60 milligrams
- 4. Fat: 5 grams
- 5. Fiber: 5 grams
- 6. Protein: 10 grams
- 7. SaturatedFat: 1.5 grams
- 8. Sodium: 720 milligrams
- 9. Sugar: 4 grams

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