

Beetniks (Beet Leaves and Dough)

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-fry-bread-recipe>

Ingredients:

- 1 loaf bread dough I used frozen
- 50 beet leaves small to medium, don't use ones that the bugs have eaten.
- 4 1/4 cups cream
- 1 onion
- 6 tablespoons fresh dill

Nutrition:

1. Calories: 890 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 200 milligrams
4. Fat: 60 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 37 grams
8. Sodium: 770 milligrams
9. Sugar: 4 grams

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