

# Sheet-Pan Fish Tacos

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-sheet-pan-veggies-for-thanksgiving>

## Ingredients:

- 2 tablespoons extra-virgin olive oil for marinade
- 1 teaspoon lime juice for marinade
- 1/4 teaspoon fine sea salt for marinade
- 1 pound tilapia fillets
- 1 tablespoon chili powder
- 1 teaspoon garlic powder
- 1/4 teaspoon fine sea salt for spice blend
- 1/4 teaspoon ground cumin
- 1/4 teaspoon coriander
- 1 cup red cabbage finely shredded
- 1/4 cup parsley roughly chopped
- 1/4 cup cilantro roughly chopped
- 1/4 cup green onions finely diced
- 2 tablespoons extra-virgin olive oil for slaw
- 1 tablespoon lime juice for slaw
- 1 teaspoon honey
- 1/4 teaspoon fine sea salt for slaw
- 1/4 teaspoon black pepper for slaw
- 8 corn tortillas warmed
- lime wedges optional, for serving
- hot sauce optional, for serving

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 55 milligrams
4. Fat: 17 grams
5. Fiber: 5 grams
6. Protein: 27 grams

7. SaturatedFat: 3 grams
  8. Sodium: 610 milligrams
  9. Sugar: 4 grams
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