

Seafood Pasta Salad

Yield: 8 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-seafood-pasta-salad-with-italian-dressing>

Ingredients:

- 1 pound macaroni uncooked small pasta, rotini, small shells, etc.
- 1 cup broccoli florets fresh, chopped
- 1/2 cup mayonnaise
- 1/4 cup italian salad dressing
- 2 tablespoons Parmesan cheese grated
- 10 ounces grape tomatoes halved lengthwise
- 1/2 cup red bell pepper diced
- 1/2 cup scallions sliced
- 1 1/2 cups crab chopped, shrimp, and/or lobster

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 5 milligrams
4. Fat: 8 grams
5. Fiber: 3 grams
6. Protein: 9 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 260 milligrams
9. Sugar: 5 grams

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