

One Pot Creamy Meatball Soup

Yield: 6 min
Total Time: 49 min

Recipe from: <https://www.recipeschoose.com/recipes/vietnamese-pork-meatball-soup-recipe>

Ingredients:

- meatballs
- 1 pound ground pork
- 1 pound ground Italian sausage mild or spicy, depending on your preference
- 1/2 cup minced onion very finely
- 1 tablespoon minced garlic
- 1 stalk celery finely minced
- 1 egg
- soup
- 2 pounds meatballs above recipe, or 2 pounds meatballs, fresh or pre-cooked frozen
- 1 onion large, diced
- 1/4 cup garlic diced
- 8 ounces cremini mushrooms cleaned and sliced into thin rounds
- salt
- pepper
- 2 large carrots peeled, then sliced into thin rounds
- 3 stalks celery sliced into thin half-rounds
- 12 ounces beef stock
- 1 tablespoon Italian herb seasoning blend
- 2 cups heavy whipping cream
- 1 cup grated Parmesan cheese

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 215 milligrams
4. Fat: 51 grams
5. Fiber: 3 grams
6. Protein: 25 grams
7. SaturatedFat: 27 grams

8. Sodium: 610 milligrams
 9. Sugar: 4 grams
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