

French Quarter Beignets – New Orleans Beignets

Yield: 18 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-russian-style-beignet>

Ingredients:

- 1 cup lukewarm water
- 1/4 cup granulated sugar
- 1/2 teaspoon salt
- 1 large egg room temperature and beaten
- 2 tablespoons butter softened
- 1/2 cup evaporated milk
- 4 cups bread flour or all-purpose flour
- 3 teaspoons active dry yeast instant
- vegetable oil for deep frying*
- sugar Powdered, confectioner's, for dusting

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 15 milligrams
4. Fat: 4 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 90 milligrams
9. Sugar: 4 grams

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