

Handmade Russian Pelmeni

Yield: 225 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/tasty-russian-pelmeni-recipe>

Ingredients:

- 1/2 pound ground beef preferably grass-fed
- 1/2 pound ground pork preferably organic
- 1/2 onion grated with cheese grater or food processor
- 2 garlic cloves grated or crushed
- 1/2 teaspoon sea salt
- 2 eggs preferably pastured
- 3 cups all purpose flour or Eikorn
- 2/3 cup water filtered
- 1/2 teaspoon sea salt

Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 5 milligrams
4. Protein: 1 grams
5. Sodium: 10 milligrams

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