

Loaded Quesadillas

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-veg-quesadillas-recipe>

Ingredients:

- 1 1/4 pounds boneless skinless chicken breasts diced into 1/2-inch cubes
- 2 teaspoons chili powder
- 1 teaspoon ground cumin
- salt
- freshly ground black pepper
- 4 teaspoons olive oil divided
- 2 cups chopped bell pepper about 2, I use red and green
- 2/3 cup red onion chopped
- 2 garlic cloves minced
- 1 tablespoon fresh lime juice
- 6 flour tortillas 10-inch burrito size
- 3 tablespoons butter melted
- 6 ounces cheddar cheese shredded, 1 1/2 cups
- 6 ounces jack cheese monterrey, shredded, 1 1/2 cups
- guacamole optional
- sour cream optional
- pico de gallo optional

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 200 milligrams
4. Fat: 52 grams
5. Fiber: 5 grams
6. Protein: 58 grams
7. SaturatedFat: 27 grams
8. Sodium: 1430 milligrams
9. Sugar: 6 grams

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