

Nana's Pozole Mexican Soup

Yield: 9 min
Total Time: 320 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-pozole-mexican-soup>

Ingredients:

- 6 pounds pork shoulder cut in large chunks
- 1 bay leaf
- 1 tablespoon salt
- 1 tablespoon garlic minced
- 28 ounces red chile sauce Las Palmas NOT Enchilada sauce
- 1 tablespoon red chili powder
- 1 teaspoon cumin
- 2 white hominy 29 ounce, drained
- diced onions
- Mexican oregano
- radishes sliced
- shredded cabbage
- lemon wedges

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 205 milligrams
4. Fat: 21 grams
5. Fiber: 7 grams
6. Protein: 64 grams
7. SaturatedFat: 6 grams
8. Sodium: 2210 milligrams
9. Sugar: 10 grams

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