

# Portuguese Tarts

Yield: 12 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-portuguese-tarts>

## Ingredients:

- 3 egg yolks I prefer 2 egg yolks and 1 whole egg
- 1 cup caster sugar
- 2 tablespoons cornflour
- 1 cup cream /8.1fl ozs, I don't use cream, I use milk
- 3/4 cup milk /6fl ozs
- 2 teaspoons vanilla extract I use Queen Vanilla Bean Paste
- 2/3 pound puff pastry rolled, I use one sheet of puff pastry

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 70 milligrams
4. Fat: 15 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 6 grams
8. Sodium: 85 milligrams
9. Sugar: 11 grams

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