

# Portuguese Rice Pudding

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-portuguese-rice-pudding>

## Ingredients:

- 4 1/4 cups milk
- 1 1/2 cups sugar
- 1 1/2 cups short grain rice
- 2 lemon peels, not the peel of two lemons, just two peels of one lemon cut vertically
- 4 egg yolks
- canela q.s.

## Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 159 grams
3. Cholesterol: 235 milligrams
4. Fat: 12 grams
5. Fiber: 6 grams
6. Protein: 21 grams
7. SaturatedFat: 5 grams
8. Sodium: 200 milligrams
9. Sugar: 91 grams

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