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America's Favorite Pork Chops

Yield: 4 min Total Time: 36 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-pork-chops-marinated-in-italian-dressing

Ingredients:

- 4 pork chops about 3/4-inch thick
- 3/4 cup Italian dressing
- 1 teaspoon worcestershire sauce

Nutrition:

Calories: 320 calories
Carbohydrate: 5 grams
Cholesterol: 75 milligrams

4. Fat: 18 grams

5. Protein: 33 grams6. SaturatedFat: 3.5 grams7. Sodium: 1090 milligrams

8. Sugar: 4 grams

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