

# Polish Pancakes {Nale?niki}

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/nalesniki-polish-pancakes-recipe>

## Ingredients:

- 2 eggs
- 1 pinch salt
- 1/2 cup butter milk
- 1/2 cup milk
- 1 cup water
- 1 tablespoon melted butter
- 2 teaspoons sugar
- 1 1/2 cups flour
- 8 ounces cheese package of farmer's, or cream cheese softened
- 3/4 cup plain yogurt or sour cream, skip if using cream cheese
- 1 tablespoon sugar or more if you like it sweeter
- 1/2 teaspoon cinnamon

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 185 milligrams
4. Fat: 27 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 16 grams
8. Sodium: 550 milligrams
9. Sugar: 12 grams

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