

# Raviolo Gigante With Fried Egg

Yield: 2 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/rick-stein-italian-sausage-and-polenta-recipe>

## Ingredients:

- 1 egg
- 1/2 cup 00 flour
- salt to taste
- 2 tablespoons polenta fine
- 2/3 cup water
- salt to taste
- 3 tablespoons butter
- 3 tablespoons Parmesan cheese grated
- 1 italian sausage link, sweet or hot, removed from casing
- 1 scallion sliced, light green and white parts only
- 1 tablespoon butter melted
- Parmesan cheese to garnish, optional

## Nutrition:

1. Calories: 620 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 220 milligrams
4. Fat: 48 grams
5. Fiber: 1 grams
6. Protein: 21 grams
7. SaturatedFat: 24 grams
8. Sodium: 1690 milligrams
9. Sugar: 1 grams

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