

# Rigatoni alla Norma

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-pasta-alla-norma-italy>

## Ingredients:

- 3 cloves garlic
- 1 red onion
- 1 bunch basil
- 1 eggplant
- 8 ounces rigatoni Fresh
- 1/8 teaspoon red pepper flakes
- 1 can diced tomatoes
- 2 ounces ricotta salata cheese

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 25 milligrams
4. Fat: 2.5 grams
5. Fiber: 5 grams
6. Protein: 7 grams
7. SaturatedFat: 1 grams
8. Sodium: 20 milligrams
9. Sugar: 5 grams

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