

Navajo Indian Fry Bread

Yield: 12 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-navajo-indian-fry-bread>

Ingredients:

- 4 cups flour
- 1 teaspoon salt
- 1 1/2 tablespoons baking powder
- 1 1/2 hot water or more cups
- 3 tablespoons vegetable oil
- 1 quart vegetable oil for frying

Nutrition:

1. Calories: 820 calories
2. Carbohydrate: 32 grams
3. Fat: 76 grams
4. Fiber: 1 grams
5. Protein: 4 grams
6. SaturatedFat: 5 grams
7. Sodium: 400 milligrams
8. TransFat: 2.5 grams

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