

Mofongo

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mofongo-puerto-rico>

Ingredients:

- 3 cups canola oil for frying
- 3 cloves garlic or to taste
- 3 tablespoons olive oil
- 1/8 cup pork crushed fried, skins
- 2 green plantains peeled and sliced into 1/2-inch rounds
- salt to taste