

Mexican Style Meatloaf

Yield: 3 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-style-meatloaf>

Ingredients:

- 2 pounds lean ground beef 4 1/3 Lean
- 2 eggs beaten, 2/3 Lean
- 1 tablespoon taco seasoning 6 Condiments
- 1/2 teaspoon salt 2 Condiments
- 1/2 teaspoon black pepper 1 Condiment
- 2 cans diced tomatoes and green chilies Rotel, well drained, 5 Greens
- 1/2 cup bell pepper ~ any color, chopped, 1 Green
- 1/2 cup Mexican style cheese shredded, 1/2 lean
- 1/2 cup salsa 8 Condiments
- 1/2 cup Mexican style cheese shredded, 1/2 Lean

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 375 milligrams
4. Fat: 32 grams
5. Fiber: 3 grams
6. Protein: 79 grams
7. SaturatedFat: 15 grams
8. Sodium: 1470 milligrams
9. Sugar: 8 grams

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