

Mexican Cornbread

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/quelite-indian-recipe>

Ingredients:

- 2 cups self rising cornmeal
- 1 can cream style corn
- 1 cup grated cheddar cheese
- 3 jalapeno 's, finely chopped
- 1/2 cup cooking oil
- 1 dash salt
- 1/2 cup buttermilk

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 30 milligrams
4. Fat: 39 grams
5. Fiber: 6 grams
6. Protein: 16 grams
7. SaturatedFat: 8 grams
8. Sodium: 1500 milligrams
9. Sugar: 5 grams

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