

Pan de Elote (Mexican Sweet Corn Cake)

Yield: 8 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-pan-de-harina>

Ingredients:

- 1 stick butter divided
- 1 3/4 cups flour + 2 tablespoons flour, divided
- 5 eggs
- 14 ounces sweetened condensed milk
- 1/2 cup evaporated milk
- 6 cups corn or 8 ears of corn, kernels removed
- 2 tablespoons baking powder
- 1 pinch salt
- 1 teaspoon cinnamon

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 185 milligrams
4. Fat: 22 grams
5. Fiber: 4 grams
6. Protein: 15 grams
7. SaturatedFat: 11 grams
8. Sodium: 660 milligrams
9. Sugar: 31 grams

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