

Mexican Layer Dip

Yield: 7 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/salsa-dip-recipe-india>

Ingredients:

- 2 ounces bean dip containers
- 1 ounce prepared guacamole package
- 1 cup veggie Marzetti Ranch
- 1 cup shredded cheddar cheese
- 1 tomato diced
- 1/4 cup sliced olives optional
- sliced green onions for topping

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 140 milligrams
9. Sugar: 1 grams

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