

Mexican Stuffed Shells

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-stuffed-sshells>

Ingredients:

- 1 pound ground beef
- 1/2 cup diced yellow onion
- 2 tablespoons taco seasoning
- 4 ounces cream cheese
- 8 ounces jumbo pasta shells some may break - I used 21, but started with 25
- 10 ounces enchilada sauce
- 1 cup salsa
- 1 1/4 cups cheddar cheese
- 1/2 cup mozzarella cheese

Nutrition:

1. Calories: 790 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 155 milligrams
4. Fat: 43 grams
5. Fiber: 5 grams
6. Protein: 45 grams
7. SaturatedFat: 21 grams
8. Sodium: 1580 milligrams
9. Sugar: 11 grams
10. TransFat: 1 grams

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