

# Mexican Fried Rice

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-instapot-mexican-fried-rice>

## Ingredients:

- 2 tablespoons extra virgin olive oil such as Colavita, divided
- 1 small onion chopped
- 2 cloves garlic minced
- 1 cup mushrooms chopped
- 1 cup peppers chopped, any color including jalapeño if desired
- 2 cups rice leftover, best when day old
- 1 cup red kidney beans cooked
- 1 teaspoon cumin
- 1 teaspoon paprika
- 2 tablespoons salsa
- 2 tablespoons chopped cilantro

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 49 grams
3. Fat: 8 grams
4. Fiber: 8 grams
5. Protein: 9 grams
6. SaturatedFat: 1 grams
7. Sodium: 65 milligrams
8. Sugar: 1 grams

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