

Easy Mexican Chicken and Rice Casserole

Yield: 10 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-mexican-chicken-and-rice-recipe>

Ingredients:

- 1 1/2 cups rice uncooked
- 3 cups chicken stock or broth
- 16 ounces refried beans
- 3 cups chicken cubed or shredded, I used a Rotisserie chicken
- 10 ounces enchilada sauce
- 10 3/4 ounces cream of chicken soup
- 4 ounces green chiles chopped
- 1 black beans rinsed and drained thoroughly
- 8 ounces cream cheese cut into small cubes
- 3 green onions thinly sliced
- 12 ounces shredded cheese divided, I used a Mexican blend

Nutrition:

1. Calories: 450 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 110 milligrams
4. Fat: 24 grams
5. Fiber: 4 grams
6. Protein: 31 grams
7. SaturatedFat: 13 grams
8. Sodium: 1150 milligrams
9. Sugar: 5 grams

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