

# Quesadillas de Camarones

Yield: 6 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chupe-de-camarones-peruvian-recipe>

## Ingredients:

- flour tortillas
- 12 whole large shrimp Peeled And Deveined
- 8 ounces sauce fluid Mexican Red
- 1 whole onion Large
- 1 whole red bell pepper
- 1 whole green bell pepper
- 2 cups cheese Grated, Monterey Jack Is Best
- 2 tablespoons olive oil
- salt To Taste

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 40 milligrams
4. Fat: 19 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 9 grams
8. Sodium: 590 milligrams
9. Sugar: 6 grams

---

Thank you for visiting our website. Hope you enjoy Quesadillas de Camarones above. You can see more 20 chupe de camarones peruvian recipe Ignite your passion for cooking! to get more great cooking ideas.