

Homemade Italian Capicola

Yield: 4 min

Total Time: 140 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-making-italian-capicola>

Ingredients:

- 3 pounds coppa pork, or pork loin, coppa is the traditional and preferred cut, we highly recommend it if you can get one from your but...
- 2 1/2 tablespoons sea salt
- 2 tablespoons sugar
- 1 teaspoon crushed red pepper flakes
- 1 teaspoon curing salt #1, aka Prague powder, this is essential for maintaining the pink color of the meat as opposed to brown/gray on...
- 1 tablespoon coriander seeds
- 1 tablespoon fennel seeds
- 1 1/2 teaspoons black peppercorns
- 3/4 teaspoon anise seeds
- 1/2 teaspoon red pepper flakes