

Lemon Rice – South Indian Rice With Lemon and Peanuts

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/south-indian-rice-recipe-videos>

Ingredients:

- 1 cup basmati rice Extra Long grain
- 2 cups water
- 1/4 teaspoon turmeric ground
- salt to taste
- 1 teaspoon oil
- 4 tablespoons peanuts
- 2 tablespoons cashews
- 1/2 teaspoon mustard seeds
- 6 curry leaves
- 2 red chillis dried
- 1 green chili thai, optional
- 2 tablespoons water
- 4 tablespoons fresh lemon juice less if you don't like it that tart
- 2 tablespoons chopped cilantro to garnish, optional

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 43 grams
3. Fat: 9 grams
4. Fiber: 2 grams
5. Protein: 7 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 210 milligrams
8. Sugar: 2 grams

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