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Ramen Egg (Japanese Soft Boiled Egg)

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-japanese-soft-boiled-egg

Ingredients:

- 6 eggs Medium Sized
- 3 tablespoons shoyu Japanese Soya Sauce
- 1 1/2 tablespoons mirin
- 8 tablespoons water

Nutrition:

Calories: 120 calories
Carbohydrate: 2 grams
Cholesterol: 315 milligrams

4. Fat: 8 grams

5. Protein: 11 grams

6. SaturatedFat: 2.5 grams7. Sodium: 780 milligrams

8. Sugar: 1 grams

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