

Japanese Gyudon Beef Bowls

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-japanese-gyudon>

Ingredients:

- beef 2 lbs., 908g hot pot, slices
- 1 small onion
- 4 cups water
- 2 tablespoons broth dashi, granules
- 2/3 cup tamari soy sauce if you are not gluten-free
- 1/2 cup mirin
- 2 tablespoons honey

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 13 grams
3. Protein: 6 grams
4. Sodium: 2720 milligrams
5. Sugar: 10 grams

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