

Vegan Japanese Eggplant Dog

Yield: 1 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-japanese-eggplant-roasted>

Ingredients:

- 1 Japanese eggplant medium, ends trimmed
- 1 tablespoon mustard each, veganise and white miso
- 1 tablespoon soy sauce
- 1 hot dog bun extra-long, or use a soft hoagie roll
- 3 lettuce leaves
- furikake Japanese toasted nori and sesame seasoning
- Sriracha sauce

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 60 grams
3. Fat: 3 grams
4. Fiber: 16 grams
5. Protein: 12 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 1580 milligrams
8. Sugar: 18 grams

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