

Balsamic Vinaigrette Dressing

Yield: 12 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-vinaigrette-dressing-recipe-food-network>

Ingredients:

- 1/4 cup balsamic vinegar
- 3/4 cup extra-virgin olive oil
- 1 tablespoon Dijon mustard
- 1 tablespoon minced garlic more or less to taste
- 1 teaspoon sea salt
- 1/2 teaspoon fresh ground black pepper
- 1/4 teaspoon cayenne pepper optional

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 1 grams
3. Fat: 14 grams
4. SaturatedFat: 2 grams
5. Sodium: 200 milligrams
6. Sugar: 1 grams

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