

Traditional Grilled Italian Vegetables

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-vegetables>

Ingredients:

- 1 small eggplant
- 2 small zucchini
- 1 red onion preferably torpedo variety
- 1 bell pepper
- 1/2 head radicchio
- 4 tablespoons extra virgin olive oil
- 2 tablespoons balsamic vinegar
- 1/2 tablespoon oregano dried
- 10 leaves fresh basil
- salt
- pepper

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 11 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 2 grams
7. Sodium: 210 milligrams
8. Sugar: 6 grams

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