

Italian-Style Stuffed Peppers

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-style-stuffed-peppers>

Ingredients:

- 6 red bell peppers medium
- 1/2 cup yellow onions or white, very finely chopped, use a food processor, if possible
- 1 pound ground meat total of, even mix of ground beef, ground pork, and ground veal
- 3 eggs
- 1/2 cup rice uncooked, you can use white or brown
- 1 slice white bread plain, soaked in milk
- 1/4 cup cheese Parmesean, grated
- 1 teaspoon fresh parsley chopped
- 1 teaspoon garlic fresh, minced
- ground black pepper
- salt
- olive oil for drizzling
- 2 1/2 cups marinara sauce bought or homemade