

Italian Riboletta Soup

Yield: 8 min

Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-stewed-tomatoes-with-bread>

Ingredients:

- 2 tablespoons olive oil
- 1 onion chopped
- 2 tablespoons minced garlic
- 2 stalks celery chopped
- 1 carrot chopped
- 1 bay leaf
- 1/4 cup chopped parsley
- 4 cups chicken broth
- 1 cup water
- 29 ounces stewed tomatoes
- 1 teaspoon dried thyme
- 3 cups shredded cabbage
- 1 potato peeled and diced
- 2 1/2 cups white beans cooked
- 6 slices bread French or Italian-style
- 1/2 cup grated Parmesan cheese

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 5 milligrams
4. Fat: 7 grams
5. Fiber: 7 grams
6. Protein: 14 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 510 milligrams
9. Sugar: 7 grams

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