

# Italian Seasoned Bread Crumbs

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-seasoned-bread-crumbs>

## Ingredients:

- 8 slices white bread
- 1/2 teaspoon salt
- 1 teaspoon italian seasonings
- 1/2 teaspoon onion powder
- 1/2 teaspoon garlic powder optional and not pictured in video

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 52 grams
3. Fat: 3 grams
4. Fiber: 2 grams
5. Protein: 8 grams
6. SaturatedFat: 1 grams
7. Sodium: 1270 milligrams
8. Sugar: 4 grams

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