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Collard Greens and Italian Sausage Risotto

Yield: 6 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/spicy-italian-sausage-risotto-recipe

Ingredients:

- 1 pound sweet Italian sausage casings removed and crumbled into smaller pieces
- 1 tablespoon olive oil
- 2 shallots large, finely chopped
- 2 cloves garlic minced
- 3 cups arborio rice
- 1 cup white wine Sauvignon Blanc works great here!
- 8 cups chicken stock
- 1/2 bunch collard greens rinsed and chopped
- 4 tablespoons butter cold
- salt
- freshly ground pepper

Nutrition:

Calories: 740 calories
Carbohydrate: 103 grams
Cholesterol: 55 milligrams

4. Fat: 20 grams5. Fiber: 4 grams6. Protein: 31 grams7. SaturatedFat: 7 grams8. Sodium: 1080 milligrams

9. Sugar: 7 grams

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