

# Savory Italian Sausage Sauce

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-sausage-recipe-with-sauce-peppers>

## Ingredients:

- 2 tablespoons olive oil
- 4 cloves garlic minced
- 1 pound italian sausage
- 4 green onions chopped
- 8 ounces fresh mushrooms sliced
- 1 tablespoon dried basil
- 1 tablespoon dried oregano
- 15 ounces tomato sauce
- 14 1/2 ounces stewed tomatoes
- 6 ounces tomato paste
- 1/2 cup water
- 1/2 cup red wine
- 1 teaspoon red pepper flakes
- 2 tablespoons white sugar
- salt
- pepper

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 90 milligrams
4. Fat: 45 grams
5. Fiber: 8 grams
6. Protein: 23 grams
7. SaturatedFat: 15 grams
8. Sodium: 2030 milligrams
9. Sugar: 27 grams

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