

Italian Sandwich Rolls

Yield: 16 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-sandwich-rolls>

Ingredients:

- 1 1/2 cups water
- 1/4 cup olive oil
- 4 cups flour you can use unbleached, all-purpose or white whole wheat
- 2 teaspoons salt
- 1 tablespoon yeast

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 24 grams
3. Fat: 3.5 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 300 milligrams

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