

Authentic Italian Ragu

Yield: 8 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-ragu>

Ingredients:

- 1 2/3 pounds pork mince
- 1 can tomatoes
- 3/4 tablespoon sugar
- 1 1/2 cups chicken stock
- 5/8 cup diced onion
- 7/8 cup diced celery
- 15/16 cup carrot diced
- 2 teaspoons herbs mixed
- 1 teaspoon tomatoes purre
- 1 glass white wine
- 1 5/8 tablespoons sugar

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 65 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 23 grams
7. SaturatedFat: 2 grams
8. Sodium: 130 milligrams
9. Sugar: 8 grams

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