

# Spaghetti with Parsley Pesto

Yield: 5 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-parsley-pesto>

## Ingredients:

- 1 pound spaghetti
- 2 cloves garlic
- 6 ounces flat-leaf parsley
- 2/3 cup chopped walnuts
- 2/3 cup grated Parmesan
- 2/3 cup olive oil
- salt
- pepper

## Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 75 grams
3. Cholesterol: 10 milligrams
4. Fat: 46 grams
5. Fiber: 5 grams
6. Protein: 21 grams
7. SaturatedFat: 7 grams
8. Sodium: 390 milligrams
9. Sugar: 4 grams

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