

Jamaican Fried Dough | Festival

Yield: 12 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/vegan-chinese-fried-dough-recipe>

Ingredients:

- 1 cup cornmeal
- 1 cup flour
- 1 teaspoon baking powder
- 1 tablespoon sugar
- 1/2 teaspoon salt
- dough
- cold water
- oil for frying

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 21 grams
3. Fat: 5 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 190 milligrams
8. Sugar: 1 grams

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