

# Zeppole – Easy Italian Donuts (VIDEO)

Yield: 70 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/zeppole-fried-italian-doughnut-recipe>

## Ingredients:

- 1/2 cup water
- 1/2 cup whole milk
- 8 tablespoons unsalted butter
- 1 teaspoon granulated sugar
- 1/4 teaspoon salt
- 1 cup all-purpose flour
- 4 large eggs room temperature
- oil for frying such as peanut oil or vegetable oil
- 1/4 cup confectioners sugar to dust

## Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 15 milligrams
4. Fat: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 15 milligrams
8. Sugar: 1 grams

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