

Zabaglione Italian Custard

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/zabaglione-recipe-italian-custard>

Ingredients:

- 6 egg yolks
- 1/2 cup sugar
- 2/3 cup marsala wine sweet
- 1 pinch salt
- 1/8 teaspoon freshly grated nutmeg
- 1 teaspoon vanilla

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 315 milligrams
4. Fat: 7 grams
5. Protein: 4 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 90 milligrams
8. Sugar: 26 grams

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