

Pasta and Chicken with Italian Cream

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-cream>

Ingredients:

- 1 pound boneless skinless chicken cut into medallions
- 1/2 box penne pasta or ziti
- 1 cup heavy cream
- 2 cups tomatoes with juice whole
- 1 cup mozzarella cheese shredded
- 1/3 cup ricotta cheese
- 3 large garlic cloves minced
- 3 tablespoons tomato paste
- 2 tablespoons olive oil
- 1 tablespoon butter
- 1 teaspoon parsley flakes dried
- 1/4 teaspoon dried basil
- 1/4 teaspoon red pepper flakes
- 1/4 teaspoon paprika
- salt
- black pepper

Nutrition:

1. Calories: 860 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 210 milligrams
4. Fat: 50 grams
5. Fiber: 4 grams
6. Protein: 44 grams
7. SaturatedFat: 26 grams
8. Sodium: 840 milligrams
9. Sugar: 6 grams

Thank you for visiting our website. Hope you enjoy Pasta and Chicken with Italian Cream above. You can see more 16 recipe for italian cream Experience flavor like never before! to get more great cooking ideas.