

# Chocolate Ice Cream

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-chocolate-ice-cream>

## Ingredients:

- 1 cup whole milk
- 4 teaspoons corn starch
- 1 cup heavy cream
- 1 cup evaporated milk unsweetened condensed milk
- 2/3 cup sugar
- 2 tablespoons light corn syrup
- 1/3 cup unsweetened cocoa powder natural or Dutch-process
- 3 ounces semisweet chocolate or bittersweet, chopped
- 1/4 teaspoon sea salt
- 1/2 teaspoon vanilla extract or 1 teaspoon chocolate extract

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 73 grams
3. Cholesterol: 125 milligrams
4. Fat: 41 grams
5. Fiber: 4 grams
6. Protein: 10 grams
7. SaturatedFat: 25 grams
8. Sodium: 280 milligrams
9. Sugar: 51 grams

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