

Crisp and Buttery Italian Cream Filled Cannoncini –

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-cannoncini>

Ingredients:

- 1 sheet pastry dough 9X9-inches square
 - 1 cup caster sugar
 - 1 egg
 - 1 1/2 cups pastry cream
 - 4 egg yolks
 - 7 ounces whole milk
 - 1 1/2 ounces heavy cream
 - 5 tablespoons caster sugar
 - 2 1/2 tablespoons cornstarch
 - 1/4 lemon peels
 - 2 drops vanilla extract
- PASTRY CREAM

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 370 milligrams
4. Fat: 17 grams
5. Protein: 11 grams
6. SaturatedFat: 8 grams
7. Sodium: 115 milligrams
8. Sugar: 53 grams

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