

# Bruschetta

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-of-bruschetta-italian>

## Ingredients:

- 4 cups Campari tomatoes cut into small pieces
- 1 1/2 cups fresh mozzarella cut into small cubes
- 1 cup fresh basil chopped
- 1/2 cup fresh parsley, chopped
- 2 garlic cloves chopped
- 1 tablespoon lemon zest
- 4 tablespoons lemon juice
- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- 1 pinch kosher salt
- fresh ground black pepper

## Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 35 milligrams
4. Fat: 23 grams
5. Fiber: 2 grams
6. Protein: 11 grams
7. SaturatedFat: 7 grams
8. Sodium: 350 milligrams
9. Sugar: 7 grams

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