

# Homemade Italian Bread Crumbs

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-to-make-italian-bread-crumbs>

## Ingredients:

- 1 cup bread crumbs from about 3.5 ounces of bread
- 1/3 teaspoon dried basil
- 1/3 teaspoon garlic powder
- 1/3 teaspoon black pepper
- 1/2 cup grated Parmesan cheese freshly
- 1/4 teaspoon salt or to your taste

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 10 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 520 milligrams
9. Sugar: 1 grams

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