

Boston Baked Cod

Yield: 4 min
Total Time: 23 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-cod-fish-recipe>

Ingredients:

- 1 pound cod fish
- kosher salt
- cracked pepper fresh
- 1 Ritz Crackers sleeve, crushed
- 6 tablespoons unsalted butter melted
- 2 teaspoons fresh parsley minced
- 2 teaspoons fresh lemon juice
- 1/2 teaspoon garlic powder
- 2 teaspoons grated Parmigiano-Reggiano cheese freshly

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 45 milligrams
4. Fat: 17 grams
5. SaturatedFat: 11 grams
6. Sodium: 210 milligrams

Thank you for visiting our website. Hope you enjoy Boston Baked Cod above. You can see more 18 greek cod fish recipe Experience flavor like never before! to get more great cooking ideas.